



Gibraltar Sports and Leisure Authority
Bayside Sports Centre
Bayside Road
Gibraltar



PRESS RELEASE

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Community Sports Leadership Award

The Gibraltar Sports and Leisure Authority, through the Sports Development Unit, are organising a Community Sports Leadership Award to be held during the months of February and March 2011.

The course is an excellent opportunity for volunteers, parent helpers, youth workers, Guides and Scouts leaders, people working with people with special needs, 'A' Level PE students, retired citizens, coaches and anyone over the age of 16 years who would like to develop their confidence and leadership skills.

The CSLA course concentrates on introducing Leaders to the organisational and soft skills that are needed to plan, deliver, motivate and maintain young people and/or adults in a sport, recreational and leisure environment. The learning outcomes of the CSLA course include many transferable skills that can be utilised to develop confidence, career prospects and first rate future sports coaches.

The CSLA course modules include:

- ❖ Organisational method.
- ❖ Coaching and communication skills.
- ❖ Organising leagues and competitions.
- ❖ Top Play, Top Outdoors & Top Sport – making everyone feel like a winner, positive competition, adapting sport to include and develop all levels.
- ❖ Safety in sport.
- ❖ Fitness for sport.
- ❖ Emergency First Aid.
- ❖ Planning and organisation.

All the courses that have run preceding this one have been superb in developing the leadership skills of participants and many have gone on to be assets to the development of sport within sports associations, youth groups, Guides and Scouts groups and the Sports Development Unit. The course itself is mainly practical, with lots of ideas sharing and group work.

The course will run for a five-week period starting on the 9th February and finishing on the 19th March. Full programme and details available from Victor Hermida or Michelle Turner at the Sports Development Unit on telephone 200 76522 or email: gibsportsdev@gibtelecom.net